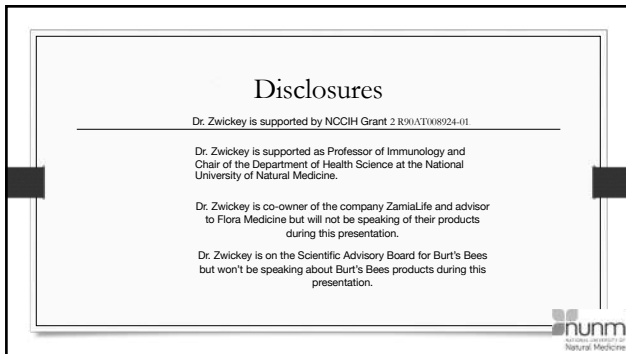
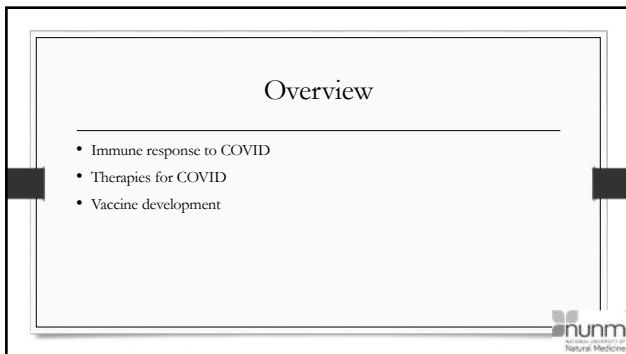


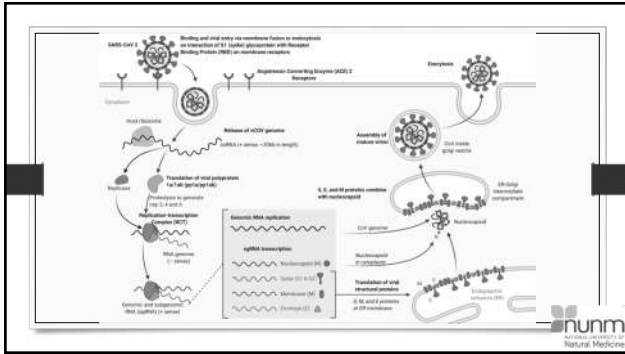
1



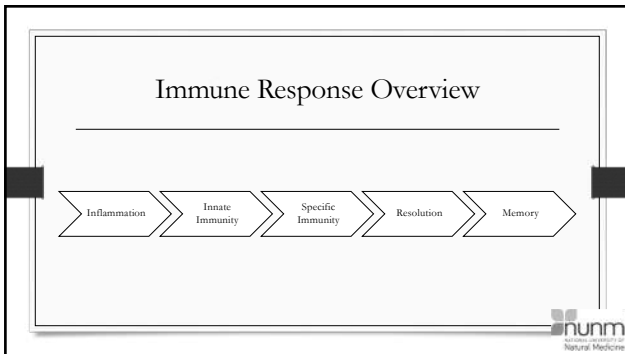
2



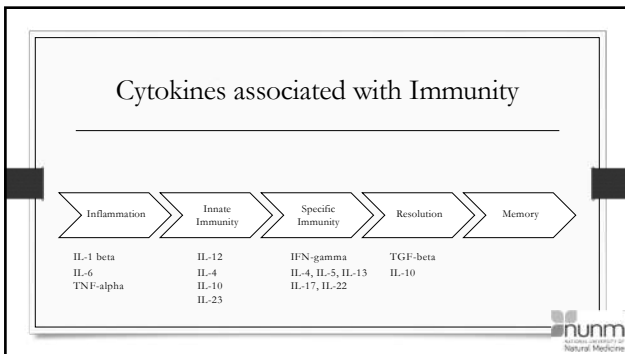
3



4



5



6

NLRP3 Inflammasome

• <https://www.invivogen.com/review-nlrp3-inflammasome>

The diagram illustrates the NLRP3 inflammasome activation pathway. It shows the activation of NLRP3 by various stimuli like PAMPs, DAMPs, and ATP. This leads to the assembly of the NLRP3 inflammasome, which then activates caspase-1. Activated caspase-1 cleaves pro-IL-1 and pro-IL-18 into active IL-1 and IL-18. The diagram also shows the role of NLRP1 and NLRP2 in similar pathways.

7

Pathogenesis of COVID - Pneumonia

The diagram shows the pathogenesis of COVID pneumonia. A central circle contains IL-6, surrounded by other cytokines like TNF and IL-1. The diagram illustrates the inflammatory response triggered by the virus.

8

Immune Response to COVID

COVID

- 100% CD4 T cell response to COVID.
- 100% generate antibodies.
- 70% generate CD8 T cells.

Coronavirus

- 50% mount CD4 responses
- 20% mount CD8 responses
- No antibodies

The diagram compares the immune response to COVID-19 and SARS-CoV-2. It shows the activation of T cells and the production of antibodies. The diagram also shows the response to unexposed individuals.

9

Immune Response to COVID

The diagram illustrates the immune response to COVID-19. It shows an infected cell presenting an antigen to an Antigen Presenting Cell (APC). The APC then interacts with a T_H cell, which in turn interacts with a T_H cell and a B cell. The B cell produces antibodies that bind to the virus. Other components shown include a Macrophage, a Mast Cell, and a Memory B Cell. The diagram also shows the production of Interleukin-6 (IL-6) and Interleukin-17 (IL-17).

Journal of Infection and Public Health
Immune response in COVID-19: A review

10

of neutralizing antibodies don't correlate with disease severity

Patients with greatest disease severity have low levels of CD8 and CD4 T cells

The diagram shows two SARS2 virus particles. The left one is associated with a checkmark, indicating a successful immune response. The right one is associated with an 'X', indicating a less successful response. A horizontal axis labeled 'AGE' shows a gradient from left to right, suggesting that older patients have a less effective immune response.

Call DOI: (10.1016/j.cmi.2020.09.038)

nunm
Natural Medicine

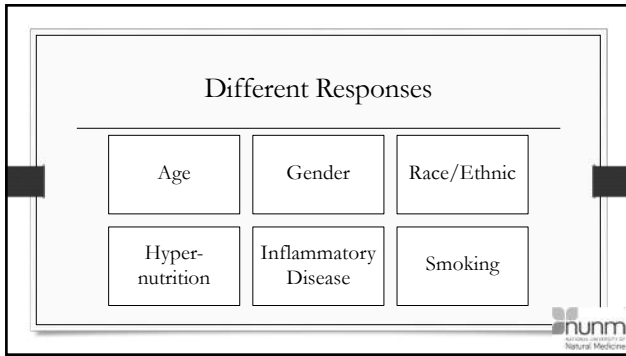
11

Immune Response to COVID

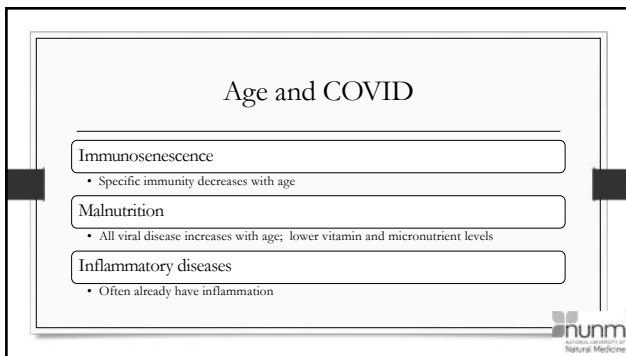
The flowchart shows the stages of the immune response to COVID-19: Inflammation, Innate Immunity, Specific Immunity, Resolution, and Memory. Below each stage, there are notes: 'Stuck here IL-6' under Inflammation, 'Don't have enough naive CD4 and CD8 cells' under Specific Immunity, and 'Don't make it here' under Resolution. A question mark is placed under the Memory stage.

nunm
Natural Medicine

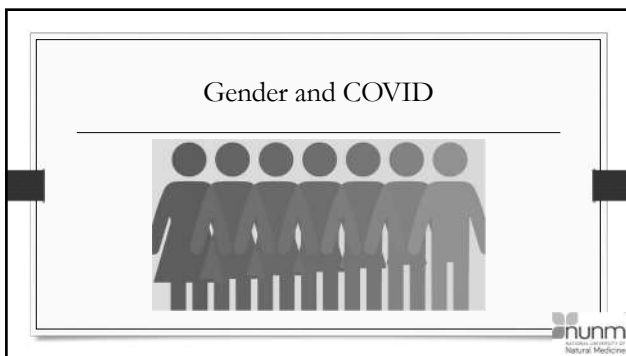
12



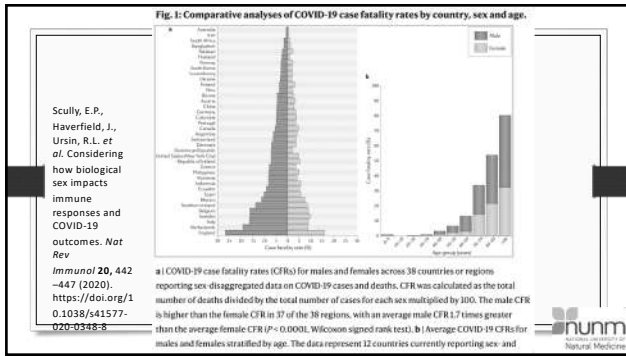
13



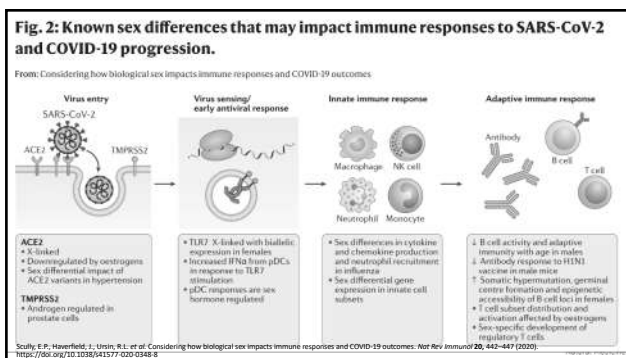
14



15



16



17

Gender and COVID

TLRs

- Women have more TLR3, 7, and 9 – viral infections
- Men have more TLR2 and 4 – bacterial infections

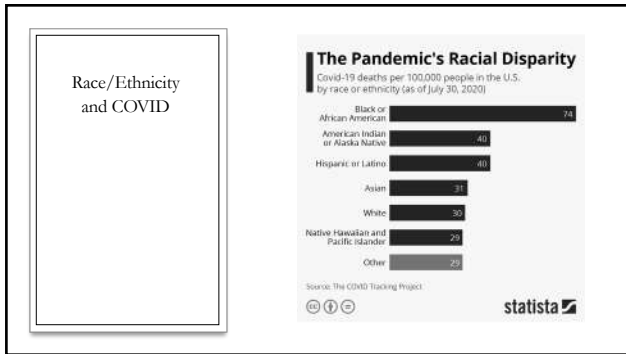
Hormones

- Estrogen drives higher Th1 response

Melatonin

- Women have more → anti-oxidant; Decreases the NLRP3 inflammasome

18



19

Race/Ethnicity and COVID

Discrimination

- Access to health care, housing, education, safe criminal justice and finance
→ increased stress → inflammation

Healthcare Access and Utilization

- Less likely to be insured, have transportation, ability to take time off
- Communication and language differences; Racial and cultural differences between patients and providers; Distrust of medical system

nunm
Natural Medicine

20

Race/Ethnicity and COVID

Occupation

- Disproportionately represented in essential work settings → increased exposure

Pre-existing Medical Conditions

- COPD, Obesity, Heart conditions, Type II diabetes, Sickle cell disease
- Smoking

nunm
Natural Medicine

21


Nutrition and COVID

Malnutrition

- Insufficient protein intake
 - Impairs immune activation
 - Longer viral persistence
- Increased trafficking of inflammatory cells to the lungs

Adiposity

- Sarcopenic obesity
 - Obese with low muscle mass
 - Systemic low grade inflammation
- Poor effector function in T cells (low cytokine secretion, lower killing)

 Natural Medicine

22


Nutrition and COVID: Micronutrients

Vitamins A & D

- Antibody function
- T cell proliferation
- Treg production

Other vitamins


- Vitamins B, C, E
- Selenium
- Zinc

 Natural Medicine

23

Table 1. Certain micronutrients have key roles in the immune system [2,7-9]

Immune Function Role	Micronutrient	Comments
Physical and biochemical barriers		
	Vitamin A	Normal differentiation of epithelial tissues; retinoic acid essential to imprint T and B cells with gut-homing specificity and attract T cells and IgA+ cells into mucosal tissues [6]. Important for intestinal immune response, thus supporting the gut barrier [10-12]. Carotenoids (either provitamin A or nonprovitamin A carotenoids) have immunoregulatory actions, including reducing the toxic effects of ROS and regulating membrane fluidity and gap-junctional communication [13].
	Vitamin D	Calcitriol regulates antimicrobial proteins (cathelicidin and δ -defensin), responsible for modifying intestinal microbiota to a healthier composition and supporting the gut barrier [14,15], as well as protecting the lungs against infection [15]; increases tight junction protein expression, E-cadherin, and occludin 45 in the gut [16-18]; maintains renal epithelial barrier function [17]; enhances corneal epithelial barrier function [21].
Maintenance of structural and functional integrity of mucosal cells in innate barriers (e.g., skin, respiratory tract)	Vitamin C	Promotes collagen synthesis and protects cell membranes from damage caused by free radicals, thus supporting integrity of epithelial barriers [6]; enhances keratinocyte differentiation and lipid synthesis as well as fibroblast proliferation and migration [21].
	Vitamin E	Protects cell membranes from damage caused by free radicals and support the integrity of epithelial barriers [7,8].
	Vitamins B6, B12 and folate	All involved in intestinal immune regulation (e.g., by mediating lymphocyte migration into the intestine in the case of vitamin B6, while folate is essential for the survival of regulatory T cells in the small intestine, and human gut microbes use vitamin B12 as a cofactor for metabolic pathways), thus supporting the gut barrier [9,22].
	Iron	Essential for differentiation and growth of epithelial tissue [3].
	Zinc	Helps maintain integrity of skin and mucosal membranes (e.g., cofactor for metalloproteinases required for cell membrane repair [23]).

 Natural Medicine

Gardner AP, Pierre A, Magaña S. A Review of Micronutrients and the Immune System Working in Harmony to Reduce the Risk of Infection. *Nutrients*. 2020;12(1):254. Published 2020 Jan 16. doi:10.3390/nu12010254

24

Disease Severity and Antibody response

- Systemic and mucosal antibody secretion specific to SARS-CoV-2 during mild versus severe COVID-19
- Carlo Cervia, et al
- bioRxiv 2020.05.21.108308; doi: <https://doi.org/10.1101/2020.05.21.108308>

25

Inflammation and COVID

- Evidence of a multi-system inflammatory disease
 - Children & Adults
- 16 patients
- Five were reported as Hispanic, nine as African American, one as Asian, and one as a United Kingdom-born man of African ethnicity.
- Nine patients had no reported underlying medical conditions;
- Six were obese, one had poorly controlled diabetes mellitus type 2 (hemoglobin A1C >9.0%), two had hypertension, and one had obstructive sleep apnea.
- Eight patients had documented respiratory illness before developing symptoms of MIS-A, and eight did not.

Morris SR, Schwartz NG, Patel R, et al. Case Series of Multisystem Inflammatory Syndrome in Adults Associated with SARS-CoV-2 Infection — United Kingdom and United States, March–August 2020. MMWR Morbidity and Mortality Weekly Report 2020;69(14):1441–1446. DOI: <https://doi.org/10.15585/mmwr.mm6914a1>




26

Long-term consequences of disease

 Heart <ul style="list-style-type: none">• Lasting damage to heart muscle	 Brain <ul style="list-style-type: none">• Strokes and seizures	 Lungs <ul style="list-style-type: none">• Pneumonia scar tissue
---------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------

27




More long-term consequences of disease

 Liver and Kidneys • Micro-clots	 Mood • Depression, anxiety, PTSD	 Fatigue • Long term fatigue syndrome
-------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------

nunm
Natural Medicine

28

And more long-term consequences of disease

 Diabetes? • ACE2 is on pancreas	 Autoimmunity? • Bystander effect	 Epigenetics? • Next generations?
---------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------

nunm
Natural Medicine

29

Treatments


Oxygen therapy
Corticosteroids
Antiviral therapy
Immunomodulatory drugs

nunm
Natural Medicine

30

Oxygen Therapy

- Patient: a SpO₂ < 93-94% (< 88-90% if COPD) or a respiratory rate > 28-30 / min, or dyspnoea,
- Administration of oxygen by a 40% Venturi mask
 - After a 5 to 10 minutes reassessment, if the clinical and instrumental picture has improved the patient continues the treatment and undergoes a re-evaluation within 6 hours.



Natural Medicine

Cicelli M, Rapik M, Caruso A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

31

Corticosteroids

- Systemic corticosteroids for the treatment of viral pneumonia or acute respiratory distress syndrome (ARDS) are not recommended,
- In severe COVID-ARDS these drugs are usually used (e.g., methylprednisolone 1 mg/Kg/day).
- The RECOVERY trial: Dexamethasone reduces deaths by one-third among critically ill COVID-19 patients.
 - In the intervention group, 2,100 patients received dexamethasone (6 mg/day for 10 days) whereas in the control group patients (n=4,300) received standard care for the disease.



Natural Medicine

Cicelli M, Rapik M, Caruso A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

32

Anti-viral Therapy

- No antiviral treatments have been approved,
- Lopinavir/ritonavir (400/100 mg orally every 12 hours)
 - Randomized, controlled, open-label trial demonstrated no benefit with lopinavir/ritonavir treatment compared to standard care.
- Remdesivir (GS5734) — an inhibitor of RNA polymerase with in vitro activity against multiple RNA viruses, including Ebola — could be effective for both prophylaxis and therapy of HCoV's infections.
 - tested in a rhesus macaque model
- Flu medication tried include: Oseltamivir, Favipiravir (in vitro), broad-spectrum antiviral, arbidol.



Natural Medicine

Cicelli M, Rapik M, Caruso A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

33

Immunomodulatory Drugs

- Chloroquine (500 mg every 12 hours), and hydroxychloroquine (200 mg every 12 hours)
 - Non-randomized trial showed that hydroxychloroquine was significantly associated with viral load reduction until viral disappearance and this effect was enhanced by the macrolides azithromycin.
 - Chloroquine and hydroxychloroquine may induce the downregulation of the adhesion molecules of the cell surface, reducing the production of proinflammatory cytokines, stimulating phagocytosis by alveolar macrophages, and inhibiting the activation and mobilization of neutrophils.
 - Concomitant use of hydroxychloroquine with azithromycin can lead to a higher risk of QT interval prolongation and cardiac arrhythmias. Chloroquine can also induce QT prolongation.




Giarelli M, Rapak M, Curran A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

34

Serotherapy

- Antibodies taken from the blood of healed individuals
 - Dose of antibodies necessary for the treatment of a single patient with SARS-CoV-2, requires antibodies from at least three patients recovered from the SARS-CoV-2 infection.
 - Clinical trial launched (June 11, 2020) for investigating an antibody cocktail for the prevention and treatment of COVID-19.




Giarelli M, Rapak M, Curran A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

35

Inflammation Inhibitors - Biologics

- Tocilizumab-humanized IgG1 monoclonal antibody, directed against the IL-6 receptor (Italy)
 - commonly used in the treatment of rheumatoid arthritis, juvenile arthritis, giant cell arthritis, Castleman's syndrome, and for managing toxicity due to immune checkpoint inhibitors.
- Sarilumab- anti-IL-6 receptor antibody; Phase 2/3 RCT is ongoing (United States)
- Anakinra- recombinant IL-1 receptor antagonist; retrospective analysis showed that in patients with moderate-to-severe ARDS, and hyperinflammation (C-reactive protein ≥ 100 mg/L, ferritin ≥ 900 ng/ml, or both), the use of anakinra induced clinical improvement in 72% of patients.
- Acalabrutinib - selective Bruton tyrosine kinase inhibitor, which regulates macrophage signaling and activation; tested on 19 patients with severe COVID-19 in a prospective off-label clinical study; treatment improved oxygenation in a majority of patients, ameliorating measures of inflammation such as C-reactive protein and IL-6.




Giarelli M, Rapak M, Curran A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. Available from <https://www.ncbi.nlm.nih.gov/books/NBK534776/>

36

Anti-coagulants

- Patients have a higher incidence of venous thromboembolism and anticoagulant therapy is associated with reduced ICU mortality,
- Thromboprophylaxis.
- For thrombophilia or thrombosis, full therapeutic-intensity anticoagulation (e.g., enoxaparin 1 mg/kg twice daily) is indicated.

Ciavarella M, Ripoli M, Caruso A, et al. Features, Evaluation, and Treatment of Coronavirus (COVID-19) [Updated 2020 Aug 16]. In StatPearls [Internet]. Treasure Island (Fla): StatPearls Publishing; 2020 Jan. Available from <https://www.ncbi.nlm.nih.gov/books/NBK534776/>




37

Natural Therapies

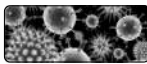





- Prevention and/or treatment
- No research on any of these therapies for COVID specifically



38

Strategy

 Kill virus directly	 Block virus life-span	 Stimulate anti-viral immunity
------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------



39


Anti-viral herbs

Mint family

- Peppermint, spearmint, lemon balm, self-heal, sage, oregano
- Tea, tincture, dried herb in capsules, essential oils

Fennel

- Tea, infusion, dried herb



40

Block life-span of virus

- Herbs can
 - block uptake of virus
 - block RNA → DNA reverse transcriptase
 - block cellular processes required for replication

Elderberry


- Disrupts lipid rafts so viruses can't enter cells

Calendula

- Blocks reverse transcriptase

Hyssopus officinalis (mint family)

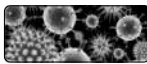


- Blocks viral replication




41

Strategy


↓

 Kill virus directly	 Block virus life-span	 Stimulate anti-viral immunity
------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------



42


How do we stimulate 'anti-viral' immunity?



Stimulate an anti-viral immune response

Resolve infection and inflammation


Reduce the 'cytokine storm'



43


Stimulate Anti-viral Immunity

Astragalus	Elderberry	Berberine (Goldenseal, Oregon Grape)	Echinacea
Lemon Balm	Oregano	Mushrooms <ul style="list-style-type: none">• Reishi• Maitake• Cordyceps	




44


Resolution




In order to fully resolve an infection, you need to make 'resolvins.'



You must have omega 3s in your diet to make resolvins.





Omega 3/Omega 6 ratio should be 1:1, but is currently 1:10 or 1:20!






45


We need more sources of omega 3s in our diet!

46

Natural ways to decrease IL-6

		
Feverfew	Lemon Balm	Ashwagandha



47

Microbiota and COVID-19

Zuo et al. 2020

Shotgun metagenomic sequencing analyses of fecal samples from 15 patients with COVID-19

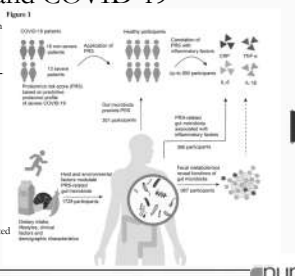

Patients with COVID-19 had significant alterations in fecal microbiomes compared with controls, characterized by enrichment of opportunistic pathogens and depletion of beneficial commensals, at time of hospitalization and at all timepoints during hospitalization.

(Zuo et al. *PLoS One* 2020)

Proteomic risk score based on 20 blood proteomic biomarkers which predict the progression to severe COVID

Proteomics data from 31 COVID-19 patients vs 2413 Chinese participants without infection

Fecal metabolomic analysis suggested potential amino acid-related pathways linking gut microbiota to inflammation. This study suggests that gut microbiota may underlie the predisposition of **severely ill individuals with this disease**. (Zuo et al. 2020)

48

Diet Matters for Diversity

Data from the American Gut Project has revealed that the diversity of plants that a subject consumes is associated with microbial diversity. Consuming more than 30 types of plants per week and consuming more vegetables and fruits was associated with a higher abundance of conjugated linoleic acid - which is generally related to reduced inflammation and cardiovascular disease - and a reduction in certain antibiotic resistance genes. The fact that microbial communities tend to group by macroelement and micronutrient intake levels in a person's diet rather than by diet type highlights the importance of dietary nutrients in regulating gut microbial metabolism.

The gut microbiota communities listed to group together by diet type.
Source: Huttenhower et al., *Microbiome* 2012, 1(1): 1-10.

Natural University of
Natural Medicine

49

Get your 30!

onion	mushroom	avocado	heirloom tomato	basil	lentils	sun-dried tomato	cauliflower
broccoli	cedary	rosemary	potato	red beans	peas	walnuts	dates
pistachio	cashews	artichoke	white corn	black beans	spinach	pepper	green beans
	soy	cinnamon	apple	banana	blackberries	carrots	

Natural University of
Natural Medicine

50

Vaccines

Natural University of
Natural Medicine

51

Types of Vaccines

Killed/Inactivated Attenuated Recombinant Toxin RNA/DNA

nunm
Natural Medicine

52

Inactivated/Killed

Microbe is killed with heat and/or formaldehyde

Examples of vaccines using killed microbes

- Salk Polio vaccine, HepA, Flu (some), Rabies

Disadvantages

- Don't provide as good of immunity; Usually need boosters
- Often require an adjuvant – Aluminum hydroxide, Aluminum phosphate, etc

nunm
Natural Medicine

53

Live Attenuated

Pass microbe through several species to create a weakened form of pathogen

Examples of Attenuated Vaccines

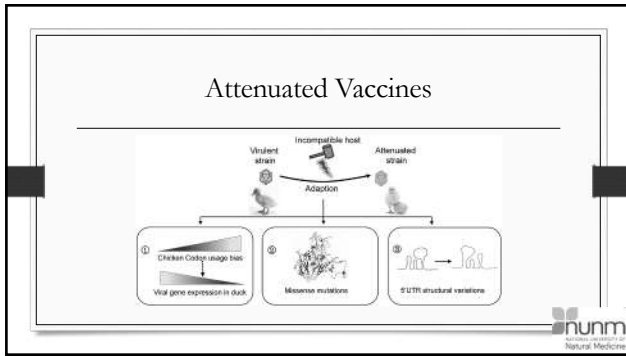
- MMR, Rotavirus, Smallpox, Chickenpox, Yellow Fever, Sabin Polio vaccine

Disadvantages

- Because these are the strongest vaccines, provide vigorous immunity – and may have side effects
- Can revert to active form of pathogen

nunm
Natural Medicine

54



55

Recombinant

Synthesized versions of proteins of the pathogen

Examples of Recombinant or sub-unit vaccines

- HiB, HepB, HPV, Pertussis, Pneumococcal, Meningococcal, Shingles

Disadvantages

- Not very immunogenic so requires adjuvants and booster shots

The 'nunm' logo is in the bottom right corner.

56

Toxin/Toxoid

Use toxin from the pathogen

Examples of toxin vaccines

- Diphtheria, Tetanus

Disadvantages

- More immunogenic than recombinant, but still need booster shots

The 'nunm' logo is in the bottom right corner.

57

DNA/RNA


DNA or RNA from microbe used

Examples

- There are none currently on the market
- Vaccines work great in animals, but haven't been effective in humans

Disadvantages

- While these are inexpensive vaccines, and work in animals, they haven't successfully generated T cell immunity in humans



58

Recombinant Vector

DNA from a protein (like a spike protein) is put into a less-pathogenic microbe


- Example: TB protein put into *Listeria*; HIV spike put into adenovirus

Examples

- There are none currently on the market

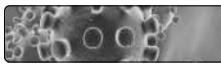

Disadvantages


- Adding the protein can promote significant changes in the less-pathogenic microbe



59

Immune Response to Vaccines


	
Th1 – CD8 T cell Response	Th2 – Antibody / Humoral Response



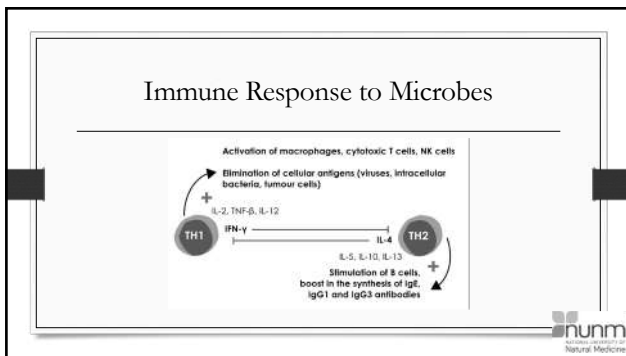
60

Immune Response to Microbes

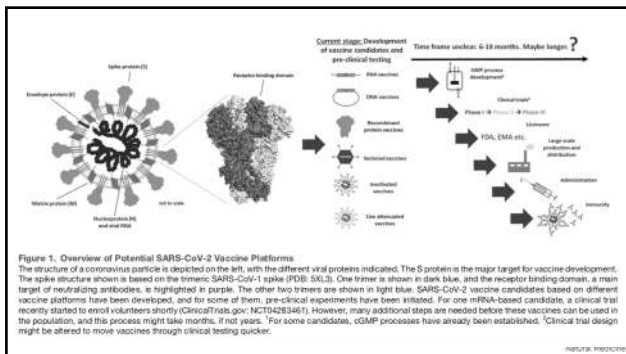
Th1 – CD8 T Cell Response	Th2 – Antibody Response
Best for Intracellular Pathogens (Viruses; Intracellular Bacteria)	Best for Extracellular Pathogens (Preventing uptake; Worms)
Difficult to measure – requires isolating T cells from lymph nodes	Easier to measure – look at antibody titers
Cytokines: IFN-gamma	Cytokines: IL-4, IL-5, and IL-13
Antibody Isotype: IgG2, IgG3	Antibody: IgG1, IgE, IgA

 Natural Medicine

61



62




63

Major COVID-19 vaccine development programs

Consortium	Candidate vaccine	Reference
Whole virus vaccines		
Janssen (Johnson & Johnson)	Adenovirus-vectored vaccine using AdVax® and PER.C6® technology	[10]
Codagenix/Serum Institute of India	Live-attenuated vaccine	[11]
Subunit vaccines		
University of Queensland/CEPI	Protein-based vaccine using Molecular Clamp platform	[12]
Novavax	Recombinant nanoparticle technology	[13]

Chen WH, Siveth U, Hotez PJ, Bonazzi ME. The SARS-CoV-2 Vaccine Pipeline: an Overview [published online ahead of print, 2020 Mar 17]. *Trp. Med. Res.* 2020;1-4. doi:10.1007/s40475-020-00201-6




64

Subunit Vaccines

Clover Bipharmaceuticals	S-trimer recombinant protein using Trimer-Tag technology	[14]
Baylor College of Medicine, Fudan University, New York Blood Center, Univ Texas Medical Branch	Coronavirus RBD protein-based vaccine	[15]
Vaxart	Oral recombinant protein vaccine using VAAST platform	[16]
Nucleic acid vaccines		
Inovio/Beijing Advaccine Biotechnology Co./CEPI	DNA vaccine (INO-4800, based on INO-4700 MERS vaccine)	[17]
Moderna/NIH/CEPI	mRNA vaccine	[18]
CureVac/CEPI	mRNA vaccine	[19]

Chen WH, Siveth U, Hotez PJ, Bonazzi ME. The SARS-CoV-2 Vaccine Pipeline: an Overview [published online ahead of print, 2020 Mar 17]. *Trp. Med. Res.* 2020;1-4. doi:10.1007/s40475-020-00201-6




65

Notice What is Missing

Inactivated vaccines


- Past attempts at inactivated vaccines led to increased infectivity



66

Advantages and Disadvantages


Attenuated/Vaccines	<ul style="list-style-type: none">• Will likely generate best immune response; Stimulate TLRs 3, 7, 9• If people have side-effects, they could be long related• Takes longer to make• Vector could target the wrong organ system
RNA	<ul style="list-style-type: none">• Currently generating neutralizing antibodies• Antibodies may prevent infection• T cell response needed for full protection
Subunit	<ul style="list-style-type: none">• Safe for at-risk populations• Will likely require an adjuvant and boosters



67





Additional Thoughts


Stockpiling	Shortage of glass vials and rubber stoppers	Past CoV vaccines
Major coronavirus infection every 10 years	Preloaded syringes; Preservatives	Increased infectivity



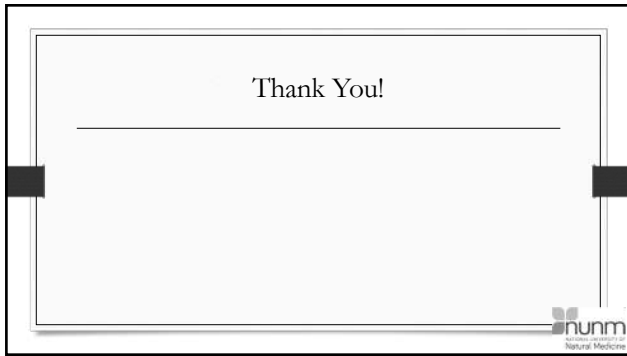
68

Summary

	Baseline health matters
	Immune response to COVID – stuck in inflammation (IL-6)
	Promising treatments
	Vaccines must target a T cell response



69



70
